WAIVER AND RELEASE OF LIABILITY

CATEGORY: Solo
NAME:____

CATEGORY: 2-Person Team
NAMES: ____

CATEGORY: 6-Person Team
NAMES: ____
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In consideration of being allowed to participate in any way in the Red Island Relay Multisport Event or related events and activities, the undersigned acknowledges, appreciates, and agrees that:

1. The risk of injury from the activities involved in the Red Island Relay is significant, including but not limited to, the hazards of travelling on water, swimming, hiking, cycling, transportation, accidents or illness in remote places without medical facilities, and the forces of nature. While particular rules, equipment, and personal discipline may reduce this risk, the risk of serious injury does exist; and

2. I KNOWINGLY AND FREELY ASSUME ALL SUCH RISKS, both known and unknown, EVEN IF ARISING FROM THE NEGLIGENCE OF THE RELEASES or others, and assume full responsibility for my participation; and,

3. I willingly agree to comply with the stated and customary terms and conditions for participation. If however I observe any unusual significant hazard during my presence or participation, I will remove myself from participation and bring such to the attention of the nearest event organizer immediately: and,

4. I, for myself and on behalf of my heirs, assigns, personal representatives and next of kin, HEREBY RELEASE AND HOLD HARMLESS Ardelle Hynes and Tim Nicholls, operating under the firm name "Outside Expeditions", their guides, agents and/or employees, other participants, sponsoring agencies, and if applicable, owners and lessors of premises used to conduct the event ("Releases"), with respect to any and all injury, disability, death, or loss or damage to person or property, whether caused by the negligence of the releases or otherwise.

I HAVE READ THIS RELEASE OF LIABILITY AND ASSUMPTION OF RISK AGREEMENT, FULLY UNDERSTAND ITS TERMS, UNDERSTAND THAT I HAVE GIVEN UP SUBSTANTIAL RIGHTS BY SIGNING IT, AND SIGN IT FREELY AND VOLUNTARILY WITHOUT ANY INDUCEMENT.

Participants Signature X________________________________ Date____________________
Participants Signature X________________________________ Date____________________
Participants Signature X________________________________ Date____________________
Participants Signature X________________________________ Date____________________
Participants Signature X________________________________ Date____________________
Participants Signature X________________________________ Date____________________

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FOR PARTICIPANTS UNDER THE AGE OF 18

This is to certify that I, as parent/guardian with legal responsibility for this participant, do consent and agree to his/her release as provided above of all the Releases, and, for myself, my heirs, assigns, and next to kin, I release and agree to indemnify the Releases from any and all liabilities incident to my minor child's involvement or participation in this event as provided above.

PARTICIPANT'S NAME(S): ____

PARENT/GUARDIAN'S SIGNATURE X______________________ Date____________________